Kaiser Permanente: Working to Meet Health Needs in Redwood City

Key Findings about People in the Community

Total Population 539,040

- 9% children in poverty
- 22% physically inactive youth
- 10% no high school diploma
- 28% children eligible for free/reduced price lunch
- 20% below 200% FPL*
- 8% uninsured
- 22% lack social or emotional support
- 32% of adults and 15% of youth are overweight
- 68% of adults and 52% of youth do not consume adequate fruits and vegetables
- 21% of adults and 13% of youth are obese
- 21% heavy alcohol consumption (self-reported)
- 21% of adults and 13% of youth are obese
- 11% need mental health care (self-reported)

Access to Care

- Support outreach, enrollment, retention and appropriate utilization of health care coverage programs
- Increase access to primary and specialty care

Healthy Eating Active Living (HEAL)

- Increase access to healthy, affordable foods, including fresh produce, and decrease access to unhealthy food
- Increase enrollment in and use of federal food programs
- Increase access to physical activity opportunities in schools and the community

Mental Health & Wellness

- Provide screening and identification related to behavioral health needs among low income, vulnerable and uninsured populations and connect them with the appropriate services or support
- Provide access to programs, services or environments that evidence suggests improves overall social/emotional wellness
- Support opportunities to prevent and reduce the misuse of drugs and alcohol

*Federal Poverty Level (200% FPL for a family of four ranged from $47,100 to $48,500 between 2013 and 2015)