

Kaiser Permanente: Working to Meet Health Needs in Redwood City

Key Findings about People in the Community

Total Population 539,040



9%
children in poverty



22%
physically inactive youth



10%
no high school diploma



28%
children eligible for free/reduced price lunch



20%
below 200% FPL*



8%
uninsured



22% lack social or emotional support



21% of adults and **13%** of youth are obese



32% of adults and **15%** of youth are overweight



21% heavy alcohol consumption (self-reported)



68% of adults and **52%** of youth do not consume adequate fruits and vegetables



11% need mental health care (self-reported)

Kaiser Permanente works in partnership with other health organizations to learn about the issues and conditions impacting the health of our communities by reviewing data sources and talking with public health experts and community stakeholders. This snapshot displays Kaiser Permanente's strategies, 2017-2019, to respond to some of the most pressing needs in our community, leveraging our unique resources and expertise.

Areas of Focus



Access to Care

- ◆ Support outreach, enrollment, retention and appropriate utilization of health care coverage programs
- ◆ Increase access to primary and specialty care



Healthy Eating Active Living (HEAL)

- ◆ Increase access to healthy, affordable foods, including fresh produce, and decrease access to unhealthy food
- ◆ Increase enrollment in and use of federal food programs
- ◆ Increase access to physical activity opportunities in schools and the community



Mental Health & Wellness

- ◆ Provide screening and identification related to behavioral health needs among low income, vulnerable and uninsured populations and connect them with the appropriate services or support
- ◆ Provide access to programs, services or environments that evidence suggests improves overall social/emotional wellness
- ◆ Support opportunities to prevent and reduce the misuse of drugs and alcohol

*Federal Poverty Level (200% FPL for a family of four ranged from \$47,100 to \$48,500 between 2013 and 2015)