

Increasing Access to Care in Our Communities

PHASE: Preventing Heart Attacks & Strokes Every day

What is PHASE?

- An evidence based clinical protocol first developed by Kaiser Permanente (KP) to reduce cardiovascular disease among our members, and later developed into a community based program
- A cost effective combination of medication and lifestyle changes that has reduced heart attacks and strokes by more than 60% among KP members
- A life-saving program KP shares with community health organizations that are part of the safety net

To maximize our impact , we provide:

Grant funding, nearly \$16 million to date

Funding

Clinical expertise including clinician mentors, data, and patient communication materials

Expertise

Consultation, training, and resources to optimize successful implementation

Evaluation support so that we can learn, and continue to improve and expand the program

Training

Evaluation

Our Goals:

PREVENT DISEASE

ADVANCE EVIDENCE BASED MEDICINE

STRENGTHEN THE SAFETY NET

BETTER HEALTH & AFFORDABLE CARE FOR ALL

Some of the Benefits:

PATIENT:

- Better overall health
- Access to quality care
- Convenient, medication regimen
- Fewer ER visits

CARE PROVIDER:

- Synergy of team-based care supported by electronic health records
- Efficiency of pre-titrated, low risk medications
- Improved workflow and patient communication systems
- Ability to meet evolving health industry requirements

OVERALL HEALTH SYSTEM:

- Patient registries and panel management systems provide faster response times
- Population health data
- Continuously building evidence base and treatments
- Data-based decision making
- Financial stability